

## Animator Training IS...

Working to broaden a shared understanding of mentally healthy people in a healthy community - an upstream approach to mental health support

An introduction to and discussion on the concepts of mental health and community development

Sharing new ways of framing mental health discussions

Menu of options for next steps and paths forward

The start of a learning journey and a jumping off point for connections and network involvement

A sharing space, for creating collective knowledge, idea generation, etc.

## Animator Training IS NOT...

To prepare animators to offer formalized or clinical supports and services

A formal mental health certification (i.e., ASIST or MHFA)

Providing a specific outline, script, or guide for discussing mental health in community

To provide a set of assigned expectations/next steps

A one-time education opportunity, our goal is for continued engagement with the project and network

A rigid outline of what is right/wrong